



Youth Orchestra Program

2022|2023

Student Handbook

CAPE SYMPHONY YOUTH ORCHESTRA PROGRAM

The Cape Symphony Youth Orchestra Program is a year-round program that consists of two ensembles: CSYO and Repertory Ensemble. Members of both groups will learn to rehearse and perform, like the Cape Symphony, exploring the beauty and intricacy of history's greatest compositions while continuing to grow their musicianship and technical ability. We welcome all young musicians who play orchestral instruments from ages 12 to 21 to audition for placement in one of the two ensembles offered. It is our mission to inspire joy and we achieve that goal by sharing our love for music performance and education with the next generation of Cape Cod musicians.

CSYO Program faculty include professional chamber, orchestra, and solo musicians who have dedicated their careers to music performance and teaching. Our instructors and frequent guests from the Cape Symphony will guide students in sectionals and provide support in rehearsals, often playing side-by-side with students while they learn to navigate the technical challenges of orchestral playing.

For all general questions or absence communication, please message the CSYO Personnel Manager. Please only contact Artistic Staff for music related questions.

ADMINISTRATIVE STAFF

Stacy Callahan

CSYO Personnel Manager
youthorchestra@capesymphony.org

Kyle Spraker

CSYO Program Manager
508.362.2772 x306
kspraker@capesymphony.org

Su D'Ambrosio

Cape Symphony Instruction and Community
Engagement Manager
508.362.2772 ext.202
sdambrosio@capesymphony.org

ARTISTIC STAFF

Mark Miller

Conductor & Music Director
markmiller@markmillermusic.com

David Gable

Strings Coordinator/Instructor
david.gable.2017@gmail.com

Elizabeth Doriss

Winds Coordinator/Instructor
edoriss1685@comcast.net

Mark Prall

Percussion Coordinator/Instructor
prallmr@comcast.net

ELEGIBLE INSTRUMENTS

Strings

Violin, Viola, Cello, Double Bass, and Harp

Winds/Brass*

Flute, Clarinet, Oboe, Bassoon, Trumpet, Trombone, Horn, and Tuba

Percussion*

Must audition on Timpani, Snare Drum, and Mallets

*Please note that there are limited seats in CSYO for Winds/Brass/Perc. instruments. Students who successfully audition for a seat that is already occupied may have the option of joining Repertory Winds, Strings, & Percussion or being placed on an alternate list until the position is available. Alternates may be asked to play as a substitute when a member is absent.

CSYO PROGRAM ENSEMBLES

Cape Symphony Youth Orchestra (CSYO)

Saturdays, 11AM-1:15PM

An advanced ensemble geared toward high school and college students. In this ensemble, members will rehearse together as a full symphony orchestra and prepare repertoire that a professional orchestra would perform. Our conductor, Mark Miller, has more than 30 years of experience working with talented youth orchestra musicians and is motivated to grow CSYO into an ensemble that will inspire and train the next generation of Cape Symphony musicians.

Repertory Ensemble (REP)

Saturdays, 10AM-11AM on Cape Cod Community College rehearsal days

11AM-1:15PM on Falmouth rehearsal days

This ensemble serves as the training ground for students who aspire to play in the Cape Symphony Youth Orchestra, but need a bit more experience. REP is a modular group that will allow winds, brass, strings, and percussion to break off into smaller chamber ensembles (pending on available instrumentation) as well as combine together as an orchestra. Most of the rehearsals are shorter than CSYO and focus on building musicianship and technique to prepare members for the challenge of playing more advanced repertoire in the future.

LOCATIONS

See master calendar for specific dates/locations of rehearsals
Rehearsals alternate between two locations:

Rehearsals:

Cape Cod Community College

(Grossman Common Cafeteria)

2240 Iyannough Road

West Barnstable, MA 02668

*parking in Lot 9

Cape Symphony Falmouth Campus

60 Highfield Drive

Falmouth, MA 02540

Concerts:

Heritage Museums & Gardens

JK Lilly III Auto Museum

67 Grove St.

Sandwich, MA 02563

Falmouth Academy

Simon Center for the Arts

7 Highfield Dr.

Falmouth, MA 02549

AUDITIONS FOR 2022|23 SEASON

Live Auditions:

June 4th, 10AM-1PM @ Cape Symphony Falmouth Campus *see locations section

June 11th, 10AM- 2PM @ Cape Symphony West Barnstable Campus 2235 Lyannough Road, Route 132 West Barnstable, MA 02668

September 10th, 10AM- 2PM @ Cape Symphony West Barnstable Campus

Current Members

Current CSYO members (2021|22 season) are automatically accepted for next season, but need to re-audition for the 2022|23 Season for placement within the CSYO (ex. concertmaster, 1st/2nd violin, principal parts). This also lets us know you are committed to returning.

New Members

All new members must audition. This not only helps us place students in the appropriate ensembles, but helps CSYO/REP choose repertoire that is both challenging and attainable.

AUDITION REQUIREMENTS

ALL STRING/WINDS/BRASS

1. A prepared solo or musical selection that best demonstrates your technique and musicianship:

- For **CSYO** use SE District audition solo piece recommendation or equivalent.
- For **REP**- use SE Jr. District audition solo piece recommendation or equivalent.
- Both can be found on www.semmea.org

2. Scales:

- **CSYO**: up to 3 sharps (G, D, A) and 3 flats (F, Bb, Eb), Chromatic scale that demonstrates comfortable range on instrument.
- **REP Winds/Brass**: up to 2 sharps and 2 flats, Chromatic scale that demonstrates comfortable range on instrument.
- **REP Strings**
 - Violins: Two octaves of G Major, A Major, and B flat Major; One octave of C major, D Major, E flat Major and F Major.
 - Violas: Two octaves of C Major, D Major and E flat Major; One octave of F Major, G Major, A Major, B flat Major.
 - Cellos: Two octaves of C Major and D Major; One octave of F Major, G Major, A Major, B flat Major, and E flat Major.

3. Sight Reading may be asked

Total audition time will not exceed 10min.

CSYO PERCUSSION

Students are encouraged to present any etude or prepared piece of their choice.
Sight-reading may be asked

Snare Drum

- Moderately closed long roll with dynamics ff>pp and pp<ff
- 5 and 9 stroke rolls, alternating
- 7 Stroke roll, left hand
- Flam accents 1 and 2
- Single and flam and paradiddle
- Ruff
- Triple ratamacue
- Ratamacue

Timpani

- 1 Single roll stroke with dynamics ff>pp and pp<f
- Student should be able to tune timpani in intervals of perfect 4ths and perfect 5ths

Mallets

- Chromatic Scale 2 Octaves C-C
- Chromatic scale
- Major Scales D C F Eb Ab
- Mallet player should be prepared to play on either 2 ½ octave orchestra bells or 3 octave xylophone

REP PERCUSSION

Students are encouraged to present any etude or prepared piece of their choice.
Sight reading may be asked

Snare Drum

- Moderately closed roll with dynamics ff>pp and pp<ff
- 5 and 9 stroke rolls alternating
- 7 stroke roll left hand
- Flam accents 1 and 2
- Flam paradiddle
- Single and double paradiddle

Timpani: Same requirements as for CSYO students

Mallets

- Chromatic scale: 1 octave C-C
- Major scales C F Bb G D

TUITION

\$550; fee waived if enrolled in lessons at Cape Symphony.

*special rate for Martha's Vineyard students: \$275

Includes:

Approx. ~28 rehearsals and 2 concerts

Weekly instruction from Cape Symphony teaching artists and musicians

Masterclasses with Cape Symphony musicians and guest artists (when available)

Free tickets to select Cape Symphony concerts, through Tix4Music

An opportunity to work with Jung-Ho Pak, Artistic Director and Conductor of Cape Symphony, and special access to Cape Symphony dress rehearsals.

MASTERCLASSES

Members of the CSYO Program will have priority to perform in these special events that give young musicians the opportunity to perform for Cape Symphony musicians and guest artists. The experience one receives performing in a masterclass can inspire incredible growth and often creates a greater sense of community within various instrument families of the orchestra.

CAPE SYMPHONY TICKETS

Members of the CSYO Program will be first in line to receive free tickets to Cape Symphony concerts through our Tix4Music program. There will also be opportunities to attend Cape Symphony rehearsals throughout the season.

PRIVATE LESSONS

It is not required to enroll in lessons at Cape Symphony, but those who do may be eligible for financial aid and scholarship (please ask). Also, all students enrolled in private lessons with a Cape Symphony teaching artist will have their CSYO Program tuition waived!

In-person and remote lesson offerings vary by instructor. Call: 508.362.2772

FINANCIAL AID

Forms/information can be found on our website

Just select the Education sidebar tab and select: [Financial Aid](#)

CSYO Program Member Expectations

Commitment

As a member of the CSYO Program, your personal progress as a musician and the collective progress and success of the ensemble depend upon your full participation. By joining the CSYO Program, you make a commitment not only to yourself, but also to each of your fellow musicians to do the following:

1. Attend all rehearsals (two excused absences per semester are allowed). Our time together is limited and the music we are preparing to perform will be challenging, we must value every rehearsal.
2. Be on time: be in your seat, ready to play at least 5 minutes before the scheduled start of rehearsal with all of your music and relevant equipment (mutes, pencil, reeds, etc.) within reach. Students are expected to arrive no later than 15 minutes prior to the start of rehearsal so that they can warm up and prepare to rehearse at the scheduled "down-beat".
3. Continually prepare and practice ensemble music before and between rehearsals. The primary purpose of rehearsal is to grow together as an ensemble, not to learn your individual part. *If there are issues observed with any student's preparation level, they may be asked on a week's notice to perform certain parts of their ensemble music for the conductor or a faculty member.*
4. Engage fully in rehearsals: pay attention, follow instructions, mark reminders and changes in your parts, and avoid distractions. Cell phones and other devices are to be turned off before rehearsal begins.
5. Carefully read all emails from the Personnel Manager or Conductor (communicate with parents). These emails contain essential information related to your ensemble. Respond to the emails in a timely manner if asked!
6. Regularly study with a private teacher. Private study is essential to the development of all musicians and will greatly assist any technical challenges presented in our ensemble music. Information about lessons, as well as financial aid, can be found on page 8.
7. Participate in school music programs (if available). One rehearsal per week with CSYO is not enough to develop one's ear, ensemble skills, and musicianship to its fullest potential. Not to mention, you are the CSYO Program's greatest ambassadors; be a leader in your school program and inspire others to join us!
8. Be supportive: praise good work, offer assistance and encouragement when needed, hold each other to high standards.

Attendance and Lateness Policy

1. All CSYO Program members* are allowed **no more than two unexcused absences per semester**. Attendance at Dress Rehearsals and Concerts (same day) is required for all members.
 - ***Martha's Vineyard members are allowed only one unexcused absence per semester**. Boat cancellation or concern for return travel cancellation due to poor weather conditions will not be counted as an absence.
2. Weather events may interfere with rehearsals, we will do our best to communicate 24hrs before (usually earlier) to announce any cancellations.
3. All members must notify CSYO Personnel Manager of any upcoming absences from rehearsal. Email is the preferred method of communication.
4. Once a student has exceeded the allowed absences, they may be asked to play excerpts from their music for their conductor. This is to ensure that frequently absent members are keeping pace with the rest of the ensemble, and should not be considered disciplinary.
5. Excess Unexcused Absences could lead to loss of membership/demotion and is at the discretion of the CSYO Artistic Staff.

Excused Absences must be communicated 24hrs in advance with the exception of sudden illness/injury (please call Personnel Manager in that case): Auditions, school music program performances (or required school rehearsals), college auditions, All-Cape Festival, and District Festivals are all examples of excused absences. In general, just communicate early!

Unexcused Absences include: planned absences that have not been communicated at least 24hrs before rehearsal (with exception of illness/injury/etc.), family vacations, homework, sports or other unrelated activities.

Lateness: Late arrivals are disruptive to the ensemble. Students who are repeatedly late will need to meet with the Personnel Manager. Students are expected to arrive at least 15 minutes prior to beginning of rehearsal so they can be fully prepared and for rehearsal to start on time.

School Music Program Participation Policy:

As the CSYO Program relies on its partnership with Cape school music programs, all CSYO Program members are required to participate in their school music program, if one is offered. At all grade levels, when scheduling conflicts arise between the CSYO Program and school music events (especially performances), participation in those school music events is given precedence, resulting in an excused absence.

Student Behavior Expectations

Reasonable standards of behavior and dress are expected while rehearsing, performing, or participating in any event or activity associated with the CSYO Program. No set of rules can cover every possible situation. The list below, along with common courtesy and respect, offers a guide to appropriate behavior:

1. Demonstrate respectful and polite behavior with CSYO Program staff, guest musicians, and fellow students
2. Put trash in the appropriate containers. We are guests in our rehearsal/concert spaces; leave no trace behind
3. During breaks from rehearsal, remain in the rehearsal space or in the area immediately surrounding the building
4. Everyone must take care to avoid damaging instruments or any property in the building. Members are responsible for their own instruments. Do not leave instruments or bows unattended where they might be damaged accidentally. Instruments should be safely put into cases during breaks or when not needed
5. Cell phones and other electronic devices are to be turned off during rehearsals
6. Plan ahead and use the restrooms before the rehearsal or at the break. Leaving mid-rehearsal is disruptive, so please reserve this need for emergencies only.
7. Do not bring food or drink, except water, into rehearsal spaces. Refillable water bottles are recommended to prevent spills and reduce waste. Please eat your snacks in the hallway or lobby before or after rehearsal or during breaks, and remember to dispose of your trash properly
8. Talk among musicians should be kept to a minimum during rehearsals, and should deal directly with issues related to the music at hand.
9. Books, homework, and other materials are not allowed during rehearsal. Musical scores are acceptable and encouraged (especially, if you are tacet for a movement)

PARENT SUPPORT

For members to fully benefit from the CSYO Program, we request that parents assist with their student's participation in the following ways:

1. Read all emails and materials from CSYO Program staff. Respond in a timely manner when requested
2. Ensure prompt arrival at rehearsals and concerts and pick-up at the end
 - Students are expected to arrive at least 15 minutes prior to the published start time for rehearsals.
 - Students must be picked up no later than 10 minutes following the end of a rehearsal or performance
3. Support full attendance at all rehearsals and events by avoiding conflicts with family vacations/events
4. Encourage private lessons, practice routine, and participation in school music activities
5. Provide a snack and water bottle for rehearsals
6. Introduce family friends to the CSYO Program, especially parents of prospective students
7. Communicate with CSYO Program staff members regarding any concerns, questions, ideas. The sooner we are aware of your concerns, the better chance we have of resolving them successfully
8. Attend all CSYO Program concerts and invite your family!

Volunteering: At various points in each season, the CSYO Program needs assistance from parent volunteers. Typically, this includes helping at concerts or special events, serving as a chaperone for Cape Symphony Tix4Music Concerts, or carpooling. Parents are always welcome to contact the CSYO Personnel Manager to volunteer or to add their name to a list of volunteers available for a particular task.

Donating: Please consider making a charitable gift to the CSYO Program to support accessibility through scholarship and continue the growth of the overall program!

CONCERT ATTIRE

All black with light or dark blue (long) ties or scarves. Splashes of blue highly encouraged!

Top: black-collar button-down shirt or black blouse (black coat optional)

Bottom: black pants, slacks, dresses, or skirts. no yoga pants or jeans.

Black socks or leggings, Black shoes (no sneakers)

RECOMMENDED PRACTICE TOOLS

1. **Tunable (app):** Tuner, Metronome, Drone (extremely valuable)
2. **Chet** or **Perfect Ear (apps):** ear-training (intervals, chords, scales, etc.)
3. **Rhythm Trainer (app):** specific and progressive exercises for building rhythm reading skills
4. **Ella (app):** sight-singing
5. **musictheory.net:** explore the lesson/exercises tab
6. **imslp.org:** a website that houses all public domain sheet music/scores.
7. **Korg:** tuners and metronomes (no smart-device required)
8. **Smart Device Camera/Voice Recorder** (default on most phones/tablets)
9. **Genius Scan (app)-** quickly digitize parts
10. **Apple Music/Spotify/Youtube:** for listening to your orchestra music!

I have read and agree to follow the expectations set by the CSYO Student Handbook:

Student Signature:

Parent Signature:

Please sign and return to the CSYO Program Personnel Manager at the second rehearsal.